



Child Care at Alice Salomon University of Applied Sciences

Tel: 030 - 99 245 - 114

room 112

Information about the familiarization of your child at our child care center

When you and your child arrive at our child care center for the first time, your child will be confronted with many new impressions. It is sufficient if you and your child take part in the activities for about an hour.

To begin with, every child reacts differently to unfamiliar situations. One child needs more, another less time to feel comfortable in unfamiliar rooms with unknown children and caregivers. Therefore, you should be prepared for the fact that it depends on your child how long you'll need to accompany him or her in this period of familiarization.



The settling in process of your child is divided into the following three phases according to the Berlin Familiarization Model:

1. In the **basic phase** your child comes to be with us for about one hour. On these days, you will definitely remain as a "life raft" at a fixed spot in our rooms and observe your child in the still foreign "waters". This way, your child can use you as a "safe haven" and get to know everything at his or her own pace. We caregivers can slowly build up a bond with your child.

2. The **stabilization phase** begins when your child allows you to leave the room (e.g., to go out into the hallway to read) and allows us to help and comfort him or her. You are still easily accessible and your child has the security of being with you again quickly. Please do not sneak out during this process, but say goodbye to your child. We will observe your child closely and get an idea of whether and how much separation is already possible and discuss this with you.

3. During the **routine phase**, your child will have gained trust in us and the new environment, so that you can gradually leave our rooms for longer periods of time. During this time, however, it is important that we can reach you by phone and that you can return quickly. In any case, there should always be clear agreements between you, your child and us, which will be adhered to.