

# **Assessing the Lived Experiences of Ethiopian Women Migrant Returnees from Middle East and/or Gulf State Countries. Ensuring psychosocial supports and Re-integration Services**

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## **Abstract**

This particular human rights project was conducted in a National Non-governmental organization in Addis Ababa, Ethiopia called Agar Ethiopia Charitable Societies. The general objectives of the project were to ensure psycho-social support, and re-integration services for Ethiopian women migrant returnees from the Gulf-state countries and Middle East regions. The project employed a strength based social work theory to substantiate the innate capabilities and resilience of the target groups, and a human rights theoretical framework was stipulated that of the Convention on the Elimination of All Forms of Discriminations against Women (CEDAW); which consists the non-discrimination pillar that, acknowledges the equal rights of women in their day-to-day activities. Hence, some of the project processes and outcomes included the following themes: interactive and transformative workshops and psychosocial supports towards women and mental health issues, consciousness raising workshops and trainings on the concepts, practice, and applications of human rights, intersectional oriented forum and dialogue on class, gender- race and im-migration status of women groups, awareness raisings in the recruitment process and challenging of illegal agencies and brokers, and linkage and referrals to other outsourcing organizations for re-integration services and income generating activities (IGA).

**Key Words:** Human rights, Mental Health, Migration, Middle East, Women, Social Work, Workshops

