

Abstract

The Human Rights Praxis Project – a podcast entitled *Social What?!* – contributes to exploring how Social Work as a Human Rights Profession (SWHR) can challenge and overcome oppressive structures. Each episode is guided by one research question: (1) How does the dominant understanding of social work uphold oppressive structures? (2) What strategies support creative social work practice? and (3) Which theoretical understandings provide a framework for social work practice?

The podcast builds on semi-structured interviews and a **Photovoice** study conducted for a master's thesis, integrating **visual documentation** and interview excerpts to explore alumni's understanding and practice of SWHR. The findings reveal that while social work is embedded in and often reproduces oppressive structures, it also generates spaces for resistance and solidaric practice with the oppressed. The podcast makes critical, human-rights-oriented social work towards transformation accessible and comprehensible to a broader audience.

Keywords: social work, human rights, critical practice, transformation, podcast