

Abstract:

The "Drawing to Music" explores the intersection of music and art with people with disabilities. It explores how music can inspire and create art, helping them turn their feelings and reactions to music into drawings. The project seeks to create an environment that fosters self-expression, emotional well-being, and encourages social interaction. Through guided sessions, participants will listen to selected music and use various artistic materials to visually represent the emotions, moods, and mental images evoked by the music. The project's primary focus is to promote the well-being of the participants. The universal right to creative expression and access to cultural life while promoting mental well-being can be achieved by creating an evaluation framework that will aid in assessing the current project and supporting future projects.