How are artistic means used by Social Workers and how beneficial are they when dealing with children?

An Abstract of the Thesis by

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The scope of this inquiry is to connect the fields of social work and artistic means, and to find out what benefits they might bring when used with children. A literature and research review was done using data from two databases and grey literature, which contained the experiences and researches of social workers dealing with children. The obtained data was processed using data triangulation. The result of this inquiry was presented in diverse categories considering the benefits of artistic means in the field of social work with children such as: expression, communication, approach of social issues, empathy, child development, social group work, and support for the social worker. An additional short guideline on how to use artistic means was created compiling the suggestions of the different reviewed authors. The findings show that although artistic means are beneficial in the field of social work, more empirical evidence is needed to encourage its application.