The exponential growth of advancement of communication technologies has corresponded with diverse opportunities to utilize technology to facilitate cyber violence in an intimate partner abuse. Research indicates cyber violence mirrors traditional forms of abuse in an intimate partner relationship and the need to improve policies and laws to protect women. Additionally, the research demonstrates a lack of good laws to ensure an effective remedy for women who are victims of cyber violence perpetrated by an intimate partner. The research demonstrates that current laws by governments and current social media website and app policies are not up-to-date with the current use of technology to facilitate abuse. The research provides suggested intervention methods to prevent abuse and to help women recover from cyber violence.