

AN INSIGHT INTO YOUNG PEOPLE'S EXPERIENCES OF VIEWING PORNOGRAPHY, AND ITS' ROLE IN SEXUAL HEALTH PROMOTION

An Abstract of the Thesis By
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This study aimed to explore young people's experiences of viewing pornography, and the effects that pornography has had on them. It compared these experiences with existing literature to understand whether young peoples experiences correlate with concerns highlighted by academics. Positive and negative effects of pornography were discussed, and examples of how pornography and sex education can come together as educational platforms were introduced. The research used qualitative and quantitative data collection methods, through use of an online survey, followed by semi-structured interviews. Thematic analysis was used to review the data, and four key themes were identified; negative experiences with pornography; positive experiences with pornography; views on using porn as sex education and ideas/views on how pornography can be taught about in sex education. The results showed a correlation between existing literature and the young people in this study. The results also highlighted a need for an improvement in England's SRE curriculum, to ensure topics such as pornography are discussed in depth.

Keywords: Sexual Health, Pornography. Sexual Health Promotion, Sex Education, Young People