

A Place to Call Home: The Impact of the Irish Housing System on the Subjective Well-Being of Young Workers.

An Abstract of the Thesis by

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Ireland's housing system is rooted in capitalism and inequality. Very little research has been carried out about how this system is impacting young workers. This thesis attempts to shine a light on the subjective well-being of these young workers. Do they feel that their individual housing situation has been impacted by the systems in place? In what way?

Interviews were carried out with seven participants aged between 25-35 who are employed.

An interpretive phenomenological approach was utilised throughout the research.

Results show that the housing system within Ireland has had a detrimental effect on young workers. The participants interviewed felt insecure about their future housing situation and somewhat hopeless about reaching their goal of home ownership. Participants expressed that living at home into adulthood effected their self-esteem and they felt embarrassed by their situation. Participants also felt that their natural development to adulthood was being restricted by their housing situation.